



My Secret Sister by Helen Edwards & Jenny Lee Smith

About the authors:

Helen Edwards lives in Northumberland with her Texan husband Dennis, not far from where she grew up. After spells in various jobs, Helen's main career was as a senior theatre nurse. When she had to give that up because of serious back problems, she trained and worked as a psychotherapist and hypnotherapist in her own practice. When in Texas, Helen and her husband started their own antiques business. She has two grown-up children, is now happily retired, and enjoys days out with Dennis in the beautiful Northumberland countryside.

Jenny Lee Smith lives in Kent with her husband Sam Lucas and their three children, one of whom they adopted as an abandoned baby in Romania, where Sam spent many weeks, donating his time, expertise and materials to renovate a children's hospital. After a successful career as the top professional woman golfer in Europe, Jenny became the pro and coach at a golf centre named after her. More recently she has taken up a new hobby/career breeding toy rat terriers – the only breeding pair in the UK.

Source: Author's personal website (<http://www.helenandjenny.co.uk/about-us/>)

About this book:

Helen grew up in a pit village in Tyneside in the post-war years, with her gran, aunties and uncles living nearby. She felt safe with them, but they could not protect her from her neglectful mother and violent father. Behind closed doors, she suffered years of abuse. Sometimes she talked to an imaginary sister, the only one who understood her pain. Jenny was adopted at six weeks and grew up in

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Newcastle. An only child, she knew she was loved, and with the support of her parents she went on to become a golfing champion, but still she felt that something was missing. . .

Neither woman knew of the other's existence until, in her fifties, Jenny went looking for her birth family and found her sister Helen. Together they searched for the truth about Jenny's birth - and uncovered a legacy of secrets that overturned everything Helen thought she knew about her family. Happily, they also discovered that they were not just sisters, they were twins. Inspirational and moving, this is the story of two women brave enough to confront their past, and strong enough to let love not bitterness define them.

Source: Pan Macmillan (<https://www.panmacmillan.com>)

Discussion Questions:

No discussion questions available.

Other formats available at Halifax Public Libraries:

No other formats available at this time.